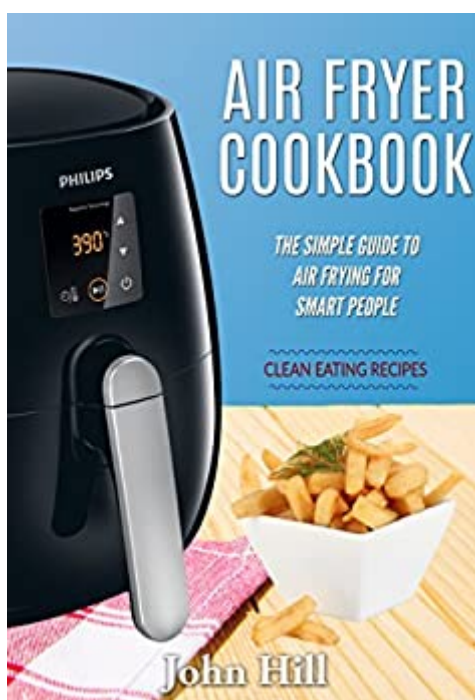


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Air Fryer Cookbook: The Simple Guide To Air Frying For Smart People â€™ Air Fryer Recipes â€™ Clean Eating



Synopsis

Healthy, Delicious, and Easy – Everything You Need! Read More and discover the easy way to lose weight! What the heck is an Air Fryer? An Air Fryer is a revolutionary device that allows you to enjoy the taste and crunch of fried foods without all the oil and grease. Inside Air Fryer Cookbook: The Simple Guide to Air Frying for Smart People, you’ll discover how to create amazing fried treats – and even full meals – that save you time, promote heart health, and help you lose weight! Is an Air Fryer hard to use? Absolutely not! Everyone can use this simple appliance – even children and elderly people. Air Fryers are a lot safer to use than traditional fryers because they don’t require large amounts of hot oil. All you have to do is load up your Air Fryer with your favorite ingredients (or choose one of the many amazing recipes in this book). Then, you can sit back and relax as this sophisticated, easy-to-maintain modern device takes care of the rest. Why are Air Fryers Better for You and Your Family? Cooks love Air Fryers Cook because this fast and easy process cooks the food without removing essential vitamins and minerals. You’ll save money on ingredients (especially oil) and enjoy much more than just frying – modern Air Fryers can also bake, roast, and grill. You can even prepare two dishes at once – one fried and the other baked! Inside this fascinating book, you’ll discover a wealth of delicious Air Fryer recipes: Traditional Cheese and Hearty Japanese Omelets Anytime Air Fried Bacon Craveable French Toast Sticks Crispy Avocado Fries, Fun Sweet Potato Fries, and Traditional French Fries Spicy Chili Garlic Potato Wedges Vegetarian Spinach and Cheese Lasagna Light and Filling Quinoa Stuffed Mushrooms Family Favorite Chicken Drumsticks Homebaked Butter Crayfish Tangy Ratatouille Peppered Fish Fillets with Bread Crumbs Mini Chorizo Empanadas Crispy Fried Spring Rolls Pork Satay with Peanut Sauce Homestyle Roast Beef Brazilian Meat Balls Don’t wait another second to start enjoying your favorite foods with far less grease and fat. It’s time to give your body the light, healthy – and delicious – meals it deserves with Air Fryer Cookbook: The Simple Guide to Air Frying for Smart People Just scroll up and click on the BUY NOW WITH ONE CLICK button – it’s simple, fast, and easy!

Book Information

File Size: 1643 KB

Print Length: 121 pages

Simultaneous Device Usage: Unlimited

Publication Date: September 6, 2016

Sold by: Â Digital Services LLC

Language: English

ASIN: B01LPP4YT6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #50,912 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #19 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Asian #33 in Kindle Books > Cookbooks, Food & Wine > Kitchen Appliances > Fryers #92 in Kindle Books > Cookbooks, Food & Wine > Asian Cooking

Customer Reviews

I guess i was expecting too much for \$15.00. When i received the book i flipped through and was disappointed to find not a single picture. As a very visual person i love to see how the food looks, sadly no pictures. At around 110 pages this looks like a book that should have been included free with your air fryer. I am about to start trying some of the recipes and will report back when i have with the results.

This book is like a user manual for air fryer. It covers a much broader array of foods than I imagined could be made using the air fryer. The instructions are simple and clear and it's well thought for me. I cooked lamb and sweet potatoes at the same time and came up delicious. The Complete Air Fryer Cookbook is a great one-stop source of recipes while you experiment with this cooking innovation. Definitely a must have book.

The book has provided a lot of details including functionalities of the Air Fryer. This book also offers trustworthy recipes to be prepared by making all the function of the the Air Fryer work. I have enjoyed looking through the recipes and trying out the healthy meal choices. I've tried a few recipes in this cookbook and so far they have come out great. The tips and tricks given are worth trying for, and of course the recipes are just what I need. This purchase is really worth it.

Before reading this I had no idea what an air fryer was, how it worked, or what the benefits are for

using one. This book does a good job at introducing air fryers and the benefits they have over traditional frying and other ways of cooking your food. I feel like the structure of the book is a little sloppy because of the uneven spacing and I wish they would go into a little more detail on the specifics but the books lays out a good foundation to do your own research and learn more about air fryers.

It took a while to find a good cookbook for the air fryer, but I've found two. Both are helping me learn to cook a better way.

This book will take care of all you air fryer recipe needs! Forget about those boring recipes , here are the exciting air fryer recipes. I simply love this book because the recipes are the type of food that I eat daily and not extravagant foods that no one in general eats. This book covers a much broader array of foods than I imagined could be made using the air fryer. The instructions are simple and clear. The book is also so well put together.

The author represents all the recipes in a clear and easy manner. It is amazing how this book covers all meals, from breakfast, lunch to dinner and even different styles dishes. I have gone through the book, and I think that all these recipes very tasty. There's plenty of recipes neatly sorted out but no pictures, it would be nice that there are recipes with pictures. This is a practical purchase. I will surely be making some of them very soon.

Very good details about an air fryer and how to best use it, especially if you are like me, unfamiliar with the cooking tool, you will appreciate this book. I've looked through it and the recipes look good. Recipes are easy to follow and the ingredients - almost all for most recipes - can be purchased in your normal grocery store. Like I said earlier, I'm brand new to air frying but I wanted to try it. This book took made me excited about trying.

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